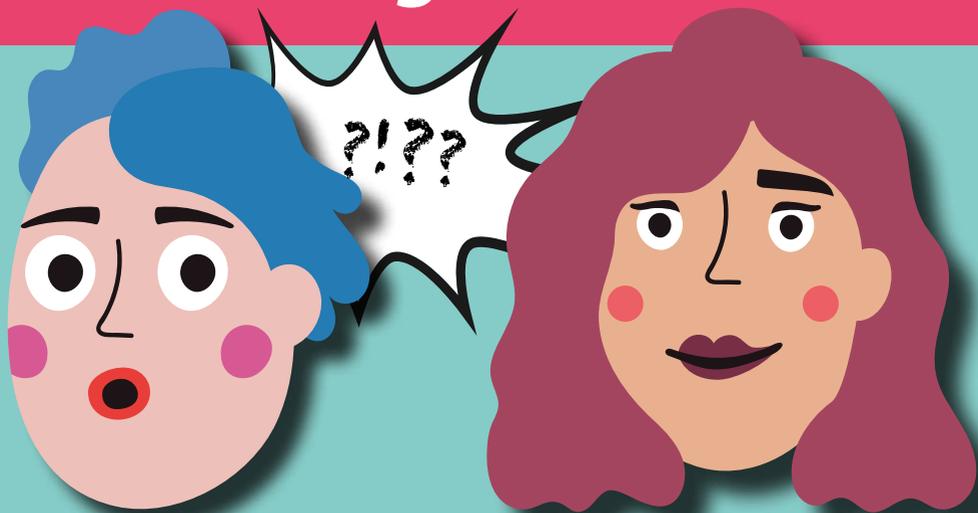


# Help

I need to go to school!



Tips for parents  
talking to teachers.

# What is the purpose

You will soon go to your child's school and have a discussion with your child's teacher. This is not always easy. Many parents feel uncomfortable or insecure in the presence of teachers – after all, memories of their own school days are sometimes not the best. . . .

But it's about your child - and your child is great and unique!  
And you want to talk to the teacher about how you can help your child develop together.



# of this booklet?

This booklet is designed to help you have an open and pleasant discussion. Read the booklet in preparation and take it with you for the discussion. If you go through the discussion page by page together, things will go well!

Of course, you can also take someone with you to the discussion: A trusted person, a female or male friend, your partner, an adviser or an interpreter. You will find addresses on the last page.

We wish you every success!

P.S.: This booklet has been developed by parents for parents.



# What topics do we

Think about what topics you want to talk about with the teacher. Here are some suggestions – but please choose only two or three topics because you will not manage any more. You can also send your topics to the teacher before the discussion and then they can prepare for it.

Everything that you discuss together is, of course, strictly confidential and will remain within the school.

**Development**

Their performance is slipping!

**Bullying**

My child is being bullied.

**Grades**

Can you explain my child's grades to me?

**My child doesn't tell me anything.**

**Level of learning**

**Fears**

**My child doesn't want to go to school.**

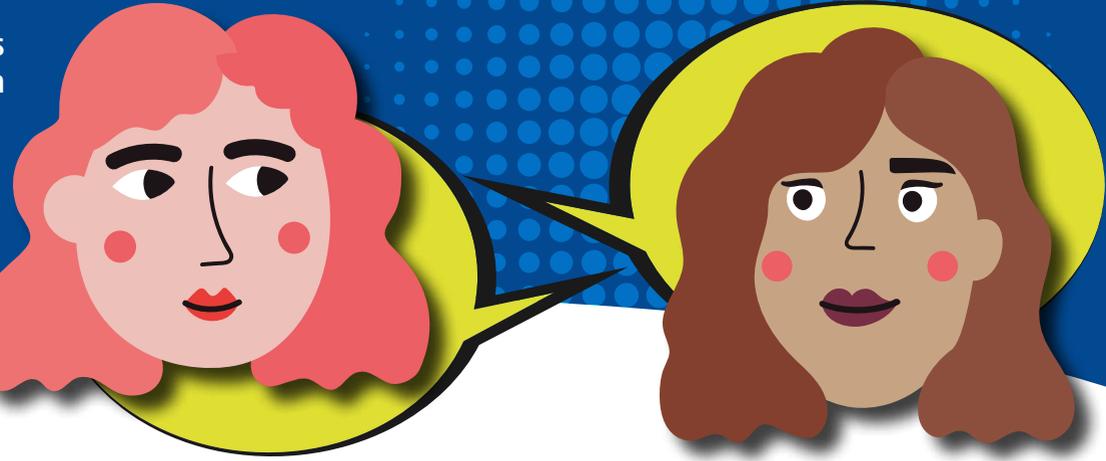
**My child has difficulties with the German language.**

**Homework**

**Talents and weaknesses**

P.S.: Don't just talk about problems.

# want to talk about?



**Social behaviour**

The atmosphere in the class is too wild and too loud for my child.

How can we increase my child's self-confidence?

**Concentration**

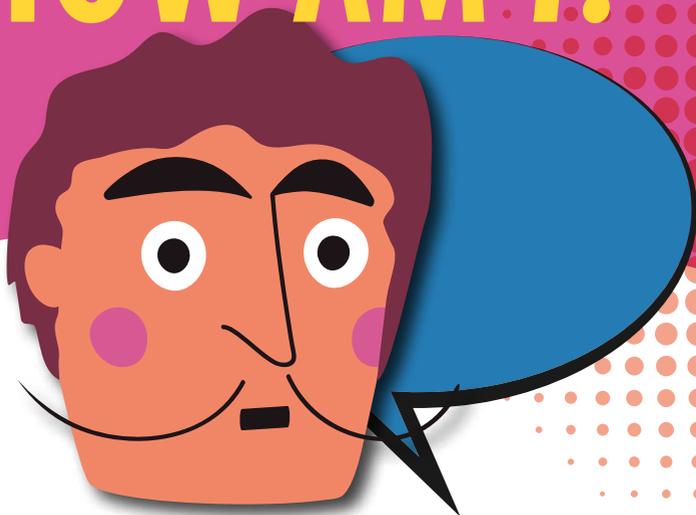
**The future**

Which school should my child attend in the future?

My topics:

**TALK ABOUT NICE THINGS TOO!**

# HOW AM I?

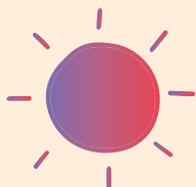


You have just spoken to the teacher about your child. Now it's time to talk about yourself:

How am I now? Am I satisfied or frustrated? Do I feel assured or helpless? Am I confident or am I sceptical?

And how is the teacher? Take time for both of you to talk about these important questions.

Indicate on the scale how you feel.



super



better



completely ok

# AND YOU?



invigorated      perplexed      satisfied      assured  
informed      pleased      unsettled  
overburdened      disappointed      speechless      motivated  
enraged      enlightened      optimistic      surprised  
sad      relieved      great



uh...



not so great



bad/worse

# What comes

Finally, talk about the future.

What do you both want to do in the meantime?

What do we want to change together?

How do we want to do this?

Consider together whether you need another meeting.

# next?



Who will help us with this?

By what point can we expect a change?

What needs to happen before then? **And stay in touch!**

# WHO WILL HELP?



What support do I already have?

And what would I wish for?

What does the teacher recommend?

# TIPS AND ADDRESSES



Here are some addresses:

## FAMILY CENTRES

Contact: [www.berliner-familienzentren.de](http://www.berliner-familienzentren.de)

## SCHOOL SOCIAL WORK

Contact:

## "STADTHELMÜTTER" DISTRICT MOTHER TRAINING PROGRAMME

Contact:

## LEISURE ACTIVITIES

Contact:

# Let's continue together!

Conflicts are part of this  
There is a solution to everything  
You have to talk about it  
My child is great  
My child needs a good school  
We want the same thing  
Together we can do it  
Parents, children and teachers:  
We will grow together

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